PRINCIPAL’S NEWS—Kirsty Squires

Mountains Summit
Last Thursday Sarah, Maddison, Amy and Mackenzie were representatives of our school at the Mountains’ Summit at the Gosford City Council chambers. They were given the opportunity to raise an issue they felt affected life on the mountain, along with students from the other mountain schools. Speeches were presented to the Mayor, Lawrie Mc Kinna the Deputy Opposition Leader, Linda Burney and local Councillor Hillary Morris. Students were then asked to vote for the issue they felt most strongly about.

It was a fantastic opportunity for the girls to see how local government runs, and just before they go to Canberra it was good timing.

Well done to the girls! They proved again to be wonderful representatives of our school.

Professional Learning
New Mathematics Syllabus – In 2015 the new Mathematics Syllabus is due for implementation. On Saturday our staff joined with staff from our Local Management Group schools at Kariong Public School for a School Development Day. This was to take place of one of the School Development Days at the end of the year.

TEN – Mrs Cranstone had her first training day in the TEN program yesterday.

iPads – Mrs Cranstone will be attending an iPad information day at Niagara Park PS this Thursday (Mrs Henderson will be teaching K/1/2).

SASS Week
Next week is SASS Week, a week in which we recognise the wonderful work our non-teaching staff do for our school. Without their hard work and dedication shown to our school it would certainly not run as smoothly, or look as good as it does. Thank you!

Book Fair
A big thank you to everyone who purchased books at our book fair last week. We raised a huge $2327 which enabled us to purchase $700 worth of books and resources for our school. This is an amazing number considering we were

The community acknowledges traditional custodians of the land on which the school is located.
Did you know?
8 percent of people have an extra rib …

Quote of the Week
“There’s nothing you can do about busted ribs, you just have to wait for them to pop in again!”
Kevin McCloud

Office News

- Canberra excursion payments
- K/1/2 Reptile Park payment and note
- Absence notes

Premier’s Reading Challenge
Wow! We have had 33 students complete the Premier’s Reading Challenge this year. That is almost half of the school. Fantastic. Well done to everyone who participated. I will inform you when your names will be published in the paper. Most of our participants are on the wall of fame. If you completed the challenge in the last week, watch this space.

Debating Today our Year 6 team debated against Holgate Public School. Our topic was “Children should only use Internet for School Work” and we were negative. Great work by the Somersby debating team however the win was awarded to Holgate. We will show them next time!

Laura Knight

Yr5/6
Year 5/6 have been set a project for home completion. It is to document the construction of an up-cycled product or object. Details of the project have been included in students’ homework books. A reminder for Year 6 to get their baby photos to Jodie Taylor if not already done so. Mr Haydon will be taking over the reins from Monday until the end of term. I’m certain that the class will enjoy the change and will learn much.

Zone Athletics
We wish our athletes all the best at this week’s athletics carnival on Thursday. Please return the amended note and let me know if I can help organise transport for your child/children.

Neil Mitchell

P&C News
Father’s Day Gift Stall
Friday, 5 September 2014
We will hold our usual Father’s Day stall on Friday, 5 September. Gifts will be $4 each. Children will have the opportunity to buy extra presents after all students have visited the stall.

Gift Wrapping
Volunteers are needed to wrap the Fathers Day gifts at 9am on Tuesday, 2 September. Come along – many hands make light work!

National Curriculum Forum
Thursday, 11 September 2014 7.00-9.00pm
In collaboration with the Department of Education & Training, the Central Coast Council of P&Cs will hold a community forum on 11 September at Wadalba Community School at 7pm-9pm.

The forum will provide parents with the opportunity to hear details of
national curriculum which is being rolled out in our school.
The forum will also look at workplace health and safety in the canteen, playground and classroom.

All parents and staff are welcome to attend the forum.

Next meeting
Wednesday, 3 September 2014
The next P&C meeting will be in the library at 7pm, Wednesday, 3 September. Everyone welcome!

P&C Federation Councillors Sought
Parents who are interested in advocating for school students at state level have the opportunity to nominate as a delegate or councillor for the NSW P&C Federation. Nominations close at 12 noon this Friday 29 August. If you are interested in this, please visit the school office for a nomination form.

Office News
Gosford City Council Garden Competition
Today we had a visit from two representatives from Gosford City Council to judge our garden for the Garden Competition. Fingers crossed!!

First Aid for Snake Bites:
- Do NOT wash the area of the bite or try to suck out the venom!
  It is extremely important to retain traces of venom for use with venom identification kits.
- Do NOT incise or cut the bite, or apply a high tourniquet. Cutting or incising the bite won’t help. High tourniquets are ineffective and can be fatal if released.
- Stop lymphatic spread - bandage firmly, splint and immobilise!
  The "pressure-immobilisation" technique is currently recommended by the Australian Resuscitation Council, the Royal Australasian College of Surgeons and the Australian and New Zealand College of Anaesthetists.
  The lymphatic system is responsible for systemic spread of most venoms. This can be reduced by the application of a firm bandage (as firm as you would put on a sprained ankle) over a folded pad placed over the bitten area. While firm, it should not be so tight that it stops blood flow to the limb or to congests the veins.
- Start bandaging directly over the bitten area, ensuring that the pressure over the bite is firm and even. If you have enough bandage you can extend towards more central parts of the body, to delay spread of any venom that has already started to move centrally. A pressure dressing should be applied even if the bite is on the victims trunk or torso.
- Immobility is best attained by application of a splint or sling, using a bandage or whatever to hand to absolutely minimise all limb movement, reassurance and immobilisation (eg, putting the patient on a stretcher).
Where possible, bring transportation to the patient (rather then vice versa). Don’t allow the victim to walk or move a limb. Walking should be prevented. The pressure-immobilisation approach is simple, safe and will not cause iatrogenic tissue damage (ie, from incision, injection, freezing or arterial tourniquets - all of which are ineffective).
For more information, go to http://www.anesthesia.med.usyd.edu.au/resources/venom/snakebite.html

CWA Cookery Competition

**Wednesday 10 September 2014**
Entries will be collected by 9:15 from the school office.
Class A: 18 years and under
**Crunchy Topped Lemon Loaf**
Class B: 12 years and under
**Speedway Cake**
Recipes available from the school office

Performers for “Year of the Family Farm” are invited. Anyone wishing to perform for the crowds please call R. Wilcher 0428761131

Don’t forget to return your water bottle filled with 5cent pieces for those in need. Thankyou
turnonthetap.org.au

**PBL Wall of Fame**

**Congratulations to last week’s**

**Happy and Friendly Playground winner:**

**Teela (Week 6)**